

I think that there are enough common elements in all the kinesiologies which have grown out of applied kinesiology and the Touch for Health synthesis to have one association with room for all.

What are the common elements, core values, beliefs, and shared purpose that allow us to consider – in the field of kinesiology - ideas, programs, schools, associations and institutions as part of one body, the Touch for Health Synthesis?

1. Our use of muscle testing for slight variation in muscle responses to stressors as a biofeedback, monitoring method.
2. Our recognition of our approach as one of the many models of looking at the wholeperson as a Soul, that is everything about that person including the context, environment, history, future, and the Spiritual aspects of love, truth, hope, and faith as aspects that may contribute to the lack of wholeness and which can be at least partially revealed by muscle response observations.
3. Our professional and non professional use of the energy/vitalist model that recognizes a system of communication which is currently not available in the biomedical model.
4. Another important aspect of our commonality is our non medical training which is not available in medical schools and does not require training in the material sciences (anatomy, physiology, pathology, etc.) offered in orthodox institutions, although the information that is available in those institutions is not contrary to our requirements , but is not necessary to practice (as professionals or non professionals) our model of health enhancement. The kinesiology we practice is non-medical by its nature and by its terminology.
5. Those of us who do not also have medical training make it clear that we are not medical doctors, do not diagnose or treat disease and do not work in an orthodox or alternative medical model. We do not use medical terms for our non medical work. It is through these elements of unity that we can take a cooperative approach to our efforts, with mutual regard and respect, health and forthright discussion and exchange of ideas and common purpose and vision for the future. Even though many different groups have felt the need to have associations for specific purposes our goal still is to have one group that defends the above principles and in which all associations that have TFHK Synthesis as a core concept can come under one banner in each country and as one world-wide group. We support the concepts found in the Touch for Health Synthesis where ever they may be found and hope everyone who wishes to use the concepts, techniques, protocols be free to use them alone or in combination with other models of health enhancement and even disease care (if the person is licensed to do so).

Keeping in touch,  
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